**Healthy Dearborn**

Tuesday, September 22, 2015

**Minutes**

**Attendees:** Lila Amen; Dennis Archambault; Debby Arko; Carol Austerberry; Mary Baker; Maryanne Bartles; Toni Battle; Donna Bechtel; Corey Beckwith; Michael Bewick; Sophie Blaharski; John Cascardo; Mary Finn; Jason Forney; Ruth Gagel; Sara Gleicher; Teresa Graves; Walid Harb; Kevin Hrit; Ruth Kaleniecki; Jeff Kline; Craig Kotajarvi; Erica Lyght; Steve LeMoine; Jackie Lovejoy; Mike Meade; Shama Mehta; David Mustonen; Jehad Najda; Zeinab Najm; Betty Priskorn; Kari Rennie; Mike Sareini; Ali Sayed; Ruth Sebaly; Laura Vela-Wolan; Lindsey West

Betty thanked Mayor O’Reilly and everyone for their attendance and support to making Dearborn a healthier community.

1. Mayor O’Reilly shared his lifelong struggle with his own weight. He is making a full commitment to a healthy Dearborn. Introductions were made around the room.
2. Overview of Healthy Communities:

Betty reviewed the “Healthy Communities Initiative – Building Health and Wellness One Community at a Time” slide presentation that was provided in their packet. Here are a few highlights.

* Hospitals must conduct a Community Health Needs Assessment (CHNA) every three years
* Four pilot Healthy Communities initiatives are Taylor, Dearborn, Trenton and Wayne
* Leadership for Healthy communities is a multi-sector collaborative body consisting of key stakeholders working together for the promotion of healthy lifestyles, health equity, and chronic disease prevention in Southeast Michigan
* Samples of programs and events throughout communities
* Explore “Blue Zone” initiative
* Looking for philanthropic support and interest
* Hoping to roll out data software on website

1. Assets and Opportunities:

* Focus on key strengths in community
* U of M is one of our key partners
* Sara Gleicher, Project Manager for Beaumont Community Health, will be dedicated to Healthy Dearborn coalition efforts to build momentum for a healthier community
* Mayor and City Council are on board with this initiative
* Betty and/or her staff will present to any group or business in the community
* Asset mapping activity was done to help identify the needs in these five categories:
* Transportation
* Business
* Local, public & nonprofit institutions, organizations & programs
* Physical structures
* Individuals – community members

Sara will compile a document to be distributed.

1. Next steps:

* Get more organizations to attend next meeting
* Lindsey West’s staff cover all four of the priority needs in the CHNA through Diabetes Path workshops

and Cooking Matters classes